



**Difficult times are at our doorstep; are we going to stand and wait?**

### **What we can do:**

- **The Rosary for the World**, which we will say every day (at least 1 decade per day).
- **fasting**: bread and water on specific days, and/or fasting from entertainment, screens, non-essential purchases, etc., trying, during 9 days, to turn our back on what keeps us away from God.
- **the Eucharist and/or adoration** as often as possible.
- **The prayer of the Holy wounds**, of which Jesus Himself said: *"If you say this prayer, I cannot refuse you anything"*. To be said every day.

And, if possible :

- **The Sacrament of confession**,
- **works of charity**, giving offerings to those in need.

### **Prayer of the Rosary :**

**Prayer:** Lord, we are offering this Rosary for the much needing world, for the victory of life over death, for the victory of truth over falsehood, for communion to be stronger than division, and so that your love may reign in all hearts. Amen »

*Meditate silently for a short while a moment in the life of Jesus*

### **Our Father + 10 Hail Marys + Gloria**

**Saint Michael the Archangel**, with your light enlighten us, Saint Michael the Archangel with your wings protect us, Saint Michael the Archangel with your sword defend us against evil and sin; let us be children of the light.

**My Jesus, pardon and mercy**, for the world, through the merits of Thy Holy Wounds.

### **Prayer of Saint John Paul II**

Oh Mother of Mercy, we entrust to your heart and to your love the people of all nations and the Church of the earth. Keep us from all injustice, division, violence and war.

Oh Mother of Christ, may you be our comfort and give strength to those who suffer: to the poor, to the lonely, to the sick, to the unloved, to the abandoned. Bring peace to our divided world; and the light of hope to all of us. Amen.

